

# Ready for School. Set for Life.

Partnering with parents and families to help all children stay healthy and succeed in school.



## Parent Guide to First Things First Funded Programs in Central Phoenix

## Contact

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### *Are you a parent or caregiver looking for resources and support?*

#### **Healthy Families**

- A voluntary home visitation program that will provide support to prenatal families and families with newborns younger than 3 months up to 5 years. Gives young children stronger, more supportive relationships with their parents through in-home services on a variety of topics, including parenting skills, early childhood development, literacy, etc. Connects parents with community resources to help them better support their child's health and early learning.

**Southwest Human Development**  
(602) 266-5976 ext. 5200

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### *Do you have parenting questions, or need advice?*

#### **Birth to Five Helpline**

- Helps families with young children get free answers to their toughest parenting questions.

**1-877-705-KIDS**

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### *Are you looking for pregnancy support services?*

#### **Access and Awareness of Early Prenatal Care**

- Increases refugee access to prenatal care to promote healthy pregnancies and good birth outcomes through home visits and pre/post natal education.

#### **Prenatal Outreach- Healthy Start program**

- Focuses on home and community-based pre/postnatal services to increase healthy pregnancies and good birth outcomes, as well as general health, safety, injury prevention and successful attachment of parents with their babies.

#### **Pre – Post natal Outreach - Internatal Care Clinic**

- If you had difficult or high risk pregnancy, the clinic offers pre and post natal care by reaching women between pregnancies offering health care information and assisting them with individually tailored programs to help reduce chronic health conditions before their next pregnancy.

**International Rescue Committee**  
(602) 433-2440 ext. 227

**Maricopa County Department of Health**  
(602) 304-1166

**Maricopa Integrated Health Systems**  
(602) 344-2621

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### *Do you want information about your child's physical or oral health?*

#### **Health Coordination**

- Improves children's health care and future development by ensuring they have a regular source of care.

**International Rescue Committee**  
(602) 433-244 ext. 227

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### CareConnect AZ

- Outreach services for at-risk and vulnerable children and their families. Improves children's health care and future development by ensuring they have a regular source of care and access to other support services.

### Phoenix Children's Hospital

(602) 546-0994

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### *Do you need to keep you or your child safe?*

#### Crisis Intervention

- Helps stabilize families with kids' birth to 5 by providing short-term, focused intervention and support to families.

#### Injury Prevention (vehicle safety)

- KISS (Kids & Infants Seated Safely) Program – Provides training to child care center staff, teachers, and case workers to become certified Child Passenger Safety Technicians.

#### Injury Prevention (home safety)

- Reduces common preventable injuries in children 5 and younger.

#### Food Security

- Food boxes and basic necessity items help improve the health and nutrition of children 5 and younger and their families

### Crisis Nursery Inc.

(602) 273-7363/64

### Maricopa County Depart. of Public Health

(602) 372-4458

### Maricopa Integrated Health Services

(602) 344-2621

### St. Mary's Food Box Alliance

(602) 242- FOOD (3663)

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### *Want to see how reading and play can help your child learn?*

#### Homeward Bound Success Through Literacy Program

- Helps enrolled parents as well as other families with young children in the surrounding central and northern regions support their young child's love of words and books.

#### Raising a Reader

- Engages parents in a routine of reading daily to and with their children.

### Homeward Bound

(602) 374-8757

### Southwest Human Development

(602) 633-8748

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### *Are you seeking quality child care for your infant or toddler?*

#### Family, Friends and Neighbor Care

- Improves the quality of care and education that children receive in unregulated child care homes. Supports provided to family, friend and neighbor caregivers include training and financial resources.

### Association for Supportive Child Care

#### Kith and Kin Program

(480) 829-0500 ext.1126

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### First Things First Central Phoenix Regional Partnership Council

#### For more information contact:

Brooke Toles-Johnson, Regional Director at [bjohnson@azftf.gov](mailto:bjohnson@azftf.gov) or

Susana Ibarra, Community Outreach Coordinator at [sibarra@azftf.gov](mailto:sibarra@azftf.gov) or 602-771-5049

### Central Phoenix ZIP Codes

85003 85004 85006 85007 85008

85012 85013 85014 85015 85016

85017 85018 85019 85034